

**Dr. ChauLong Nguyen, DDS, MAGD
Menlo Park Dental Excellence
ChauLong T Nguyen Dental Corporation**

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**POST OP ENDODONTIC INSTRUCTIONS
TOOTH # _____**

It is normal for your tooth to be sore for the first few days after root canal therapy has been completed. Initially, soft foods are recommended, as they will provide less discomfort while chewing. The soreness may continue for up to one week. Your tooth may feel differently than your other teeth the second and third weeks. By the fourth week, it should feel like your other teeth.

You have been given 600mg of Ibuprofen (brand name Motrin) to aid post-operative healing and to help manage any discomfort. This is an anti-inflammatory pain medication that will reduce the inflammation in the area that was treated. If the Ibuprofen does not alleviate your symptoms, please call the office and let us know. If you are still experiencing discomfort after finishing the Ibuprofen, please call Dr. Nguyen for further instructions.

A very small percentage of patients (less than 5%) experience post-operative swelling in the area that was treated. If this happens, please contact our office immediately to speak with the doctor.

For our female patients, there may be an interaction between antibiotics and oral contraceptives. If you are presently taking antibiotics or if our office prescribed them, please use alternative means of birth control for your entire cycle that month.

If you have any questions or concerns following your treatment, please do not hesitate to call our office. If you are calling after hours or on the weekend, please call Dr. Nguyen at (650) 270-6834.